

Ledyard Charter School Quarter 1 Weekly Menu

August 25, 2026 - October 23, 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast 8:15-9:00	Toast/bagel with Cream cheese, peanut butter, butter, or jelly String cheese & yogurt Cereal, oatmeal, granola Fruit, Juice & Milk	Toast/bagel with Cream cheese, peanut butter, butter, or jelly String cheese & yogurt Cereal, oatmeal, granola Fruit, Juice & Milk	Toast/bagel with Cream cheese, peanut butter, butter, or jelly String cheese & yogurt Cereal, oatmeal, granola Fruit, Juice & Milk	Toast/bagel with Cream cheese, peanut butter, butter, or jelly String cheese & yogurt Cereal, oatmeal, granola Fruit, Juice & Milk	Toast/bagel with Cream cheese, peanut butter, butter, or jelly String cheese & yogurt Cereal, oatmeal, granola Fruit, Juice & Milk
Lunch 11:50-12:20	French Bread Pizza Peanut butter & jelly sandwich or bagel & cream cheese String cheese & yogurt Veggie sticks & ranch Fruit, Juice & Milk	Mexican Chicken/Bean bowl w/ Chips & Salsa Peanut butter & jelly sandwich or bagel & cream cheese String cheese & yogurt Veggie sticks & ranch Fruit, Juice & Milk	Ham/Turkey/Tuna & Cheese Sandwich Peanut butter & jelly sandwich or bagel & cream cheese String cheese & yogurt Veggie sticks & ranch Fruit, Juice & Milk	Chicken Patty Sandwich Peanut butter & jelly sandwich or bagel & cream cheese String cheese & yogurt Veggie sticks & ranch Fruit, Juice & Milk	Ham/Turkey/Tuna & Cheese Sandwich Peanut butter & jelly sandwich or bagel & cream cheese String cheese & yogurt Veggie sticks & ranch Fruit, Juice & Milk

Menu is subject to change based on product availability.